



ABOUT MITCH...

Mitch Dorge is a happy guy. So much so that he was sought after to participate in the Sarah Spinks documentary about people that have attained true happiness in life. As one of 5 individuals in "W5 presents, In Pursuit of Happiness", Mitch sheds a fair bit of light on a few things but what seems most evident is that his life's accomplishments (so far) are a by-product of being a happy guy. His happiness is not defined by the accomplishments alone (although the accomplishment list is long!)

Throughout the last 14 years, Mitch has not only shared his thoughts, but has given his North American audiences the chance to experience the happiness. In spending an hour with Mitch, you will not only hear his ideas of where the happiness comes from, you'll feel it.

As a drummer, (and few would define him so narrowly) he can be found, recorded, on a minimum of 25 albums. Those recordings are with everyone from local upcoming artists to mega artists such as Crash Test Dummies (11 million records sold worldwide) which he has been a member of since 1991. With many of these recordings, you'll also find him in the credits as producer, engineer, or both! 3 Grammy nominations, a Juno win and 11 Juno nominations, appearances on Letterman (3), Arsenio, The Tonight Show with Jay Leno, Conan O'Brian (3) and a most proud moment, Saturday Night Live. A Prairie Music Award, 3 nominations and almost 20 years of touring the world over, you'd think that might fuel the happiness tank. However, the research from the doc says all that is icing on the cake.